

PORCHTALK



Sunday 17th May 2026

Welcome to Saint Laurence.

Adventurers (groups for children and young people) meet during the 9.30 am Mass. Leaders will normally invite children to join in with these at the appropriate point in the service. Activity packs and children's service books are available from the back of church.

You are warmly invited to stay for refreshments in the Main Hall after the 9.30 Mass.

Today	Holy Communion	8.00 am
17 th May	Sung Parish Mass	9.30 am
<i>Seventh Sunday of Easter</i>	Baptism	12.00 pm
	Evensong on Zoom	6.30 pm
Monday	Footsteps	9.30 am
18 th May		
Wednesday	Staff Meeting, Parish Office	9.00 am
20 th May	Said Mass, Lady Chapel	11.00 am
	Evening Prayer, Lady Chapel	4.15 pm
Thursday	Organ Lesson	9.00 am
21 st May	Choir Practice	8.00 pm
Friday	Coffee Morning, Main Hall	10.30 am
22 nd May		
Next Sunday	Holy Communion	8.00 am
24 th May	Procession, Parish Mass & Recession	9.30 am
<i>Penecost</i>	Churches Together United Service – Cranham	6.00 pm
<i>Whit Sunday</i>	Baptist Church	
	NB No Evensong on Zoom	

Evensong readings this Sunday: 2 Samuel 23.1-5, Ephesians 1.15-end.

Mass readings next Sunday: Acts 2:1-21; 1 Corinthians 12:3b-13; John 20:19-23

Saturday Pathsweepers: 30th May Thomson & Masterson

Coffee: 24th May Alison, Mark & Margaret

Please let Revd Susannah or Deborah Masterson know of anyone who is ill or in need of a pastoral visit, or housebound and wanting to receive the sacrament at home – or if you would appreciate a conversation or visit for any reason.

NOTICES

Gill Roome will be selling her hand made cards on Friday 22nd May at coffee in the main hall and after the 9.30 mass on Sunday 24th May. This is in aid of USPG the charity of the month and in memory of Keith Sharp as USPG was one of his favourite charities.

Churches Together United Service: This will take place at Cranham Baptist Church at 6pm on Sunday 24th May (no Zoom Evensong for St Laurence that evening). You are warmly invited to come and worship with our friends from other local churches and then share in refreshments afterwards. We need one person from St Laurence to give a brief greeting/update (max 100 words) from our church. Please contact Susannah if you can do this.

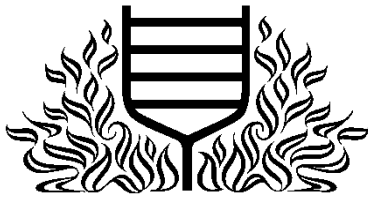
Tuesday 26th May, The Bach Choir sings Bach's Mass in B Minor, the piece for which the choir was created back in 1876. Come and join us at the Royal Festival Hall as we celebrate our 150th anniversary! Tickets available from <https://www.southbankcentre.co.uk> or see Jean Keen.

Leading your Church into Growth. This is a practical and experienced-based programme which helps to equip parishes in their mission and ministry. Two of us from St Laurence participated on an online version in 2021. The programme is now being run again for the Barking Archdeaconry over the following two sessions: Tues 2nd June, 6-9.30pm at St Chad's, Chadwell Heath, and a residential conference (though it is not obligatory to stay overnight) from 4pm on Friday 11th Sept to 8.30pm on Saturday 12th Sept at the Royal Foundation of St Katherine (near Limehouse Station). It is possible for up to 3 people from each parish to attend. If anyone would be interested in attending, please let Susannah know. St Laurence could cover the cost of participation.

Pounds at the ready !!! Carole has kindly created a new quiz in aid of the Buildings Improvement Project which are for sale at the back of church. Please pass any completed quiz sheets to either Jean Keen or the Parish Office. Good Luck!

Quiz in aid of the Church Building Improvements Project - many thanks to our excellent Quizmaster Tony Bloomfield for offering to run another quiz evening. This will take place on Saturday 30th May, 7.15 for 7.30pm in the Main Hall. There will be tables of 8 - you can sign up as a complete table or as an individual/small group willing to be combined with others to make a table. Tickets are £8 per person; please bring your own food and drink. Advance booking is essential - to book please contact Debbie Stewart, or the Parish Office by 20th May.

Please consult notice boards under the tower and in the porch for other notices and further information



AT THE MASS

17th May 2026

Seventh Sunday of Easter

Introit 228 Hail the day that sees him rise

Setting Mass of St Thomas

Collect of the Day

O God the King of glory,
you have exalted your only Son Jesus Christ
with great triumph to your kingdom in heaven:
we beseech you, leave us not comfortless,
but send your Holy Spirit to strengthen us
and exalt us to the place where our Saviour Christ is gone before,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen.**

Acts 1:6-14

When the apostles had come together, they asked him, 'Lord, is this the time when you will restore the kingdom to Israel?' He replied, 'It is not for you to know the times or periods that the Father has set by his own authority. But you will receive power when the Holy Spirit has come upon you; and you will be my witnesses in Jerusalem, in all Judea and Samaria, and to the ends of the earth.' When he had said this, as they were watching, he was lifted up, and a cloud took him out of their sight. While he was going and they were gazing up towards heaven, suddenly two men in white robes stood by them. They said, 'Men of Galilee, why do you stand looking up towards heaven? This Jesus, who has been taken up from you into heaven, will come in the same way as you saw him go into heaven.'

Then they returned to Jerusalem from the mount called Olivet, which is near Jerusalem, a sabbath day's journey away. When they had entered the city, they went to the room upstairs where they were staying, Peter, and John, and James, and Andrew, Philip and Thomas, Bartholomew and

Matthew, James son of Alphaeus, and Simon the Zealot, and Judas son of James. All these were constantly devoting themselves to prayer, together with certain women, including Mary the mother of Jesus, as well as his brothers.

Responsorial Psalm 68

Simon Lesley



© 2004 Copyright Kevin Mayhew Ltd. Reproduced by permission from *New Psalms for Common Worship*

Let God arise and let his enemies be scattered;
let those that hate him flee before him.
As the smoke vanishes, so may they vanish away;
as wax melts at the fire,
so let the wicked perish at the presence of God.

But let the righteous be glad and rejoice before God;
let them make merry with gladness.
Sing to God, sing praises to his name;
exalt him who rides on the clouds.
The Lord is his name; rejoice before him.

Father of the fatherless, defender of widows,
God in his holy habitation!
God gives the solitary a home
and brings forth prisoners to songs of welcome,
but the rebellious inhabit a burning desert.

1 Peter 4:12-14, 5:6-11

Beloved, do not be surprised at the fiery ordeal that is taking place among you to test you, as though something strange were happening to you. But rejoice in so far as you are sharing Christ's sufferings, so that you may also be glad and shout for joy when his glory is revealed. If you are reviled for the name of Christ, you are blessed, because the spirit of glory, which is the Spirit of God, is resting on you.

Humble yourselves therefore under the mighty hand of God, so that he may exalt you in due time. Cast all your anxiety on him, because he cares for you. Discipline yourselves; keep alert. Like a roaring lion your adversary the devil prowls around, looking for someone to devour. Resist

him, steadfast in your faith, for you know that your brothers and sisters throughout the world are undergoing the same kinds of suffering. And after you have suffered for a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, support, strengthen, and establish you. To him be the power for ever and ever. Amen.

Alleluia

Celtic

John 17:1-11

Jesus looked up to heaven and said, 'Father, the hour has come; glorify your Son so that the Son may glorify you, since you have given him authority over all people, to give eternal life to all whom you have given him. And this is eternal life, that they may know you, the only true God, and Jesus Christ whom you have sent. I glorified you on earth by finishing the work that you gave me to do. So now, Father, glorify me in your own presence with the glory that I had in your presence before the world existed.

'I have made your name known to those whom you gave me from the world. They were yours, and you gave them to me, and they have kept your word. Now they know that everything you have given me is from you; for the words that you gave to me I have given to them, and they have received them and know in truth that I came from you; and they have believed that you sent me. I am asking on their behalf; I am not asking on behalf of the world, but on behalf of those whom you gave me, because they are yours. All mine are yours, and yours are mine; and I have been glorified in them. And now I am no longer in the world, but they are in the world, and I am coming to you. Holy Father, protect them in your name that you have given me, so that they may be one, as we are one.

Offertory hymn

227 Crown him with many crowns

Anthem

O God, you search me and you know me. Text – based on Psalm 139, Music - Farrell

Communion hymn

460 O Thou who at thy Eucharist didst pray

Final hymn

612 Christ triumphant

Organ Voluntary

Canticle on "St. Fulbert" - Slater

FOR YOUR PRAYERS

Prayer request forms are available at the back of church. Please use them if you wish us to pray for someone.

Sunday: Pam Chapman, Vicki Hobbs, Bill, Dobinson Family, Ellie Burbeary, Carole Billings, Joan Prudden, Denise Comer, Baby Charles, Doreen, Michael Folkes, Mary Greig, Stanley Oliver, Alan Jones, Sandra Clarke, Michael McSweeney, Terry Evens, Alan Butcher, Spencer Croucher Malcolm Charlton.

Wednesday: Rosalind Manley, Simon Pols, Brian Shaw, Glynis Whiting Sylvia Wilson, Maria, Marie Tyler.

Additional Prayers: All those receiving Home Communion.

Anniversaries of the departed: Bela Witman, Emily Pasquale, Mem Gosland, David Harding, Hilda Matthews, Stanley Lawes, Maureen Gunary, Gwen Gallagher.

CHARITY OF THE MONTH

United Society Partners in the Gospel (USPG)



Your donations to USPG support our work in partnership with local churches around the world.

Registered Charity Number: 234518. 5 Trinity Street, London SE1 1DB

DONATIONS

A cash collection will be taken during Sunday morning services for church funds, which support our mission and ministry including the upkeep of this historic site. If you do not carry cash, we also have a card machine located by the main door which can be used before or after the service.

If you are a UK taxpayer, please consider Gift Aiding your donation - either via the machine or (for cash) using the envelope available in the pew. This means that your donation will be worth more to the church but at no extra cost to you.

If you would like information about joining our Planned Giving scheme, leaflets are available from the back of church.

Thank you - whatever you feel disposed to give will be thankfully received and faithfully applied.

EASYFUNDRAISING

The church is registered (as St Laurence Church, Upminster) on easyfundraising.org.uk - if you register an account, select the church as a cause and download the web browser extension then every time you spend money on many retail websites and have activated the extension, a percentage of your spend will be donated to St Laurence at no cost to you. The individual amounts are small but every little adds up - please help us via this route if you can.

THANK YOU FOR YOUR SPONSORSHIP.....

If you would like to know about sponsorship, please pick up a leaflet from the back of church or speak to Jean and Cheryl (Churchwardens), Susannah (Rector) or Verity (Parish Administrator).

CONTACTS

Rector The Revd Susannah Brasier

01708 220174 susannah.brasier@upminsterparish.co.uk

Pastoral Assistant Deborah Masterson

01708 609816 deborah.masterson@upminsterparish.co.uk

Churchwardens Jean Keen and Cheryl Hale

parish.office@upminsterparish.co.uk

Parish Safeguarding Officer Akosua Boachie

07760 791032 safeguarding@upminsterparish.co.uk

Director of Music Nigel Lockwood

07899 876247 nigel.lockwood@upminsterparish.co.uk

Parish Office Verity Helby

01708 220696 parish.office@upminsterparish.co.uk

Open: Tue. 8.30-1pm, Wed. 9-11am (Staff Meeting), Thur. 8-12.30am.

Hall Bookings Becky Perchard

07341 434798 halls.bookings@upminsterparish.co.uk

Planned Giving treasurer@upminsterparish.co.uk

Website www.upminsterparish.co.uk

Address St Laurence Church, Corbets Tey Road, Upminster, RM14 2BB

Welcome to the Parish Church of Upminster. If we have not met you before, do introduce yourself. If you wish, give these details to one of the officials.

Name

Telephone

**Revd Susannah sends a weekly email about services, news and events.
Please email her if you would like to receive her emails.**